

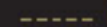
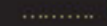





Going For Gold

-  The Serpentine Jog - 2 Miles (3.2 Km)
-  Half Lap - 2.94 Miles (4.7 Km)
-  Round Pond Jog - 3 Miles (4.8 Km)
-  Kensington Palace Jog - 4 Miles (6.4 Km)

Quick Silver

-  Wellington Jog - 0.75 Miles (1.2 Km)
-  Constitution Jog - 1 Mile (1.6 Km)
-  Green Park Jog - 1.5 Miles (2.4 Km)

- | | |
|---|---|
| 1 Brook Street Gate |  Toilets |
| 2 Cumberland Gate |  Refreshments |
| 3 Victoria Border/Gate |  Restaurant/Café |
| 4 Alexander Gate |  Telephone |
| 5 Alford Street South Gate
(via underpass) | |
| 6 Queen Elizabeth Gate | |
| 7 Memorial Gate | |
| 8 Albert Gate | |